



SAFETY AND HEALTH ADVICE

- Attendees of the Lumber Punks premises (“premises”) must be in good health and free from any potentially adverse medical conditions. You should seek medical advice if uncertain.
- Appropriate footwear and clothing must be worn at all times whilst at the premises.
- The activity of Axe-throwing is strenuous and can be dangerous if not done properly. Accordingly, you will not be able to participate in any activities on the premises if your health, physical or psychological condition or any other personal factor may endanger or risk your health and safety, or that of other participants or Lumber Punks’ employees. Please note that even if you believe you are able to safely participate, Lumber Punks may in its sole discretion, refuse to allow you to.
- All participants will be required to read and sign Lumber Punks’ Waiver prior to being allowed to participate.
- To help you consider your suitability to participate, we advise that Lumber Punks does not allow customers to participate in any activities if they:
 - Are under the age of 18;
 - Are greater than 20 weeks pregnant;
 - Suffer from broken bones or severely impaired limbs;
 - Have recently undergone surgery or have been under the effect of sedatives or general anaesthesia within the last 48 hours;
 - Have a limb, joint or back injury that currently affects fitness, strength or ability to throw independently;
 - Suffer from vertigo, dizziness or balance problems;
 - Suffer from a heart or cardiovascular condition that has been diagnosed within the last 6 weeks or for which the customer is not following a medical practitioner's Medical Condition Management Plan;
 - Suffer from chest pain or shortness of breath;
 - Suffer from epilepsy and are within 6 months from having been diagnosed;
 - Have suffered a fit, seizure or fainting episode in the past 6 months;
 - Have suffered from Syncope or Blackouts in the last 12 months;
 - Register a blood-alcohol reading of 0.05% or higher during any breath test; or
 - Are considered by staff to be under the influence of substances or drugs (whether prescription or not).

Lumber Punks also advises that the following conditions may prevent any person from safely participating in Axe-throwing. If any of these do, or could possibly apply to you, you should seek advice and clearance from a medical practitioner before participating:

- All heart or cardiovascular conditions (including high or low blood pressure);
- Back, limb or joint injuries or conditions impacting throwing ability;
- Visual impairment (other than those who wear prescription glasses or contact lenses);
- Pregnancy; or
- Any other medical condition or health concern which may affect or cause you to doubt your fitness, strength or ability to participate independently.

If any of the above conditions apply to you, Lumber Punks requires that you obtain written approval from an appropriate medical practitioner prior to booking a session. If you are unsure or have any queries, please speak to a Lumber Punks team member or a medical practitioner.

Further detailed information relating to medical conditions, medical clearance requirements and safety considerations are contained in the Waiver. Please review this further information before making a decision to participate in Axe-throwing, as you will be required to complete and sign the Waiver before being allowed to participate.

Notwithstanding the above, Lumber Punks reserves the right to refuse participation in Axe-Throwing to any customer that Lumber Punks believes, in its sole discretion, may suffer from a medical condition or be under the influence of alcohol or a substance or drug that may adversely impact upon the customer's ability to safely participate.



RESPONSIBILITY

- There are inherent risks in the participation of activities at the premises. You, by your participation, accept the inherent risks of which a prudent person is, or should be, aware of. You should consider this participation an exercise in good judgement and act in a responsible manner while using the premises and participating in the activities.
- Adults / carers are responsible for persons under their supervision at all times.
- Please note that children aged 15 years or under are not allowed to enter the premises due to safety concerns. Furthermore children aged 16 and 17 years of age will only be permitted entry to the premises if under the supervision of a guardian (who is aged 18 years of age or older) at all times;
- You must not participate in any activities on the premises whilst under the influence of alcohol or drugs.
- You must act with good judgement and consideration, both for yourself and others, and refrain from behaviour which could affect your safety and the safety of others.
- You must obey all reasonable written and verbal instructions and warnings, given by Lumber Punks and its staff without objection.
- You are responsible for your own personal property.
- Lumber Punks takes all reasonable steps to provide you with a safe and enjoyable experience. However, Lumber Punks will not be liable for any person in respect of the loss of life or personal injury to, any person, whether that loss, damage or personal injury is caused by any person's negligence (including the negligence of Lumber Punks) or otherwise.